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 UnityPoint Health Finley Hospital
 University of Dubuque
 University of Wisconsin-Platteville

COMMUNITY PARTICIPATION: HEALTH

Attended a Community Dialogue:

49

Completed a Survey:

150

At Dialogues:

31

Online: 119

COMMUNITY EQUITY PROFILE COMMITTEE

Alvin Nash, City of Dubuque
 Art Roche, Mercy Medical Center
 Dr. Liang Chee Wee, Northeast Iowa Community College
 Eric Dregne, Community Foundation of Greater Dubuque
 Erica Haugen, City of Dubuque
 Erica Ysquierdo, Inclusive Dubuque
 Jessica Rose, Inclusive Dubuque
 Kelly Larson, City of Dubuque
 Mark Dalsing, City of Dubuque
 Marla Loecke, IowaWORKS
 Nikki Breitsprecker, City of Dubuque
 Peggy Murray, IowaWORKS
 Rachel Dilling, Community Foundation of Greater Dubuque
 Riley Kilburg, Community Foundation of Greater Dubuque
 Shirley Horstman, Dubuque Community School District
 Tiye Sherrod, University of Dubuque
 Willie Slayden, 4 The People, Inc.

Thank you to our generous funders who have supported Inclusive Dubuque's efforts to engage and inform the Dubuque community through the community equity profile.

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 Mercy Medical Center
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 Northeast Iowa Community College

Thank you to all our host organizations, facilitators and scribes who have generously donated their time and facilities to assist with the community dialogues. To see a complete listing of individuals and organizations, visit www.inclusivedbq.org.



COMMUNITY EQUITY PROFILE: HEALTH

Inclusive Dubuque launched the Community Equity Profile in February 2015 in an effort to discover how diverse groups are affected by various systems throughout the community. Diverse groups are defined not just by race, but also age/generation, culture, disability, gender, nationality, religion, sexual orientation, socioeconomic status, veteran status and more.

This snapshot, along with the final equity profile, will take shape based on three types of input: local data; feedback from community members through dialogues and surveys; and focus area specialists, who are individuals working in each focus area.

How can you get involved?

1. Share your perspective at a community dialogue
2. Respond to the online survey if you cannot attend a dialogue
3. Spread the word by bringing a friend to the dialogues or sharing the survey link

Visit www.inclusivedbq.org to see upcoming community dialogue dates and to take the online survey.

INCLUSIVE dubuque
 Connecting People • Strengthening Community

This snapshot of health, the fourth of seven focus areas for the equity profile, is meant to provide a preview of what we have learned so far. This is not a complete representation of all the data and information gathered. The final equity profile will be completed this fall and will include additional information. To see additional demographics of Dubuque, visit www.inclusivedbq.org.

Some of the data represented below is data for the state of Iowa from the Behavioral Risk Factor Surveillance System and the Iowa Department of Public Health. Unfortunately, this data is not broken down to a city/county level, although this may become a possibility in the future. Differences among racial/ethnic groups were also examined during this process when possible (based on data availability), however in healthcare we saw more contrast based on socioeconomic status.

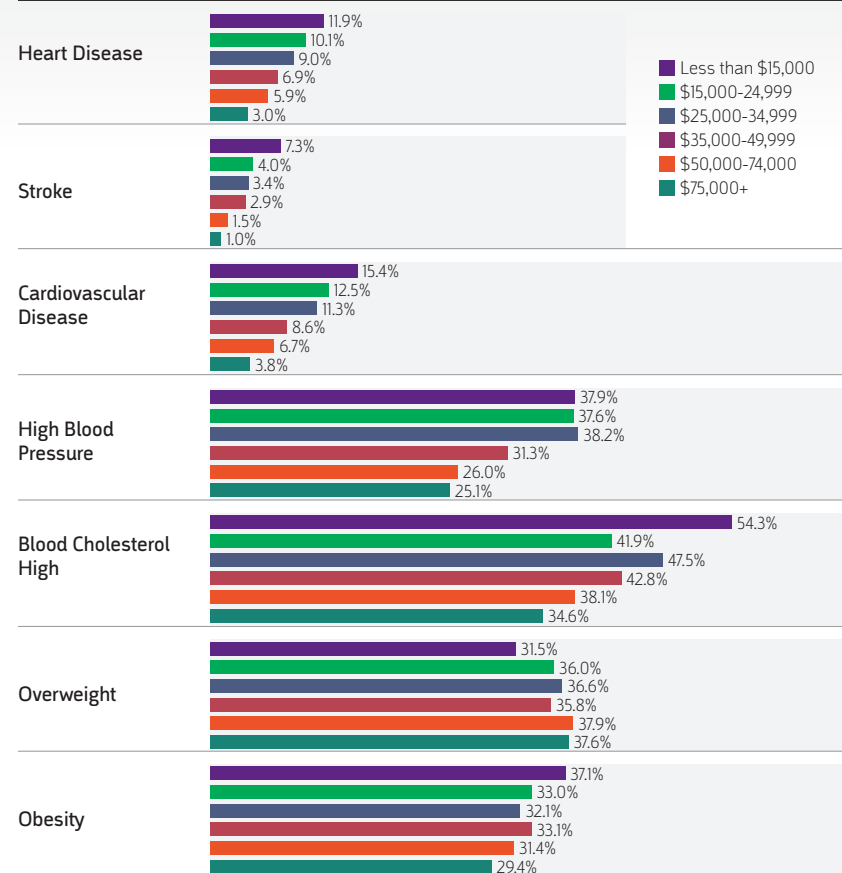
How can we ensure that individuals in the groups experiencing the highest rates of preventable disease are receiving PREVENTATIVE CARE?

Access to Quality Healthcare and Quality Food

THE DATA:

Disease Prevalence by Household Income

State of Iowa



Source: Health in Iowa Annual Report from the Behavioral Risk Factor Surveillance System, Iowa 2013

Percentage of Population without Health Insurance Coverage

United States	State of Iowa	City of Dubuque
14.9%	8.6% Non-Hispanic White: 8.5% Non-White or Hispanic: 26.3%*	7.8%

Source: 2009-2013 American Community Survey 5-Year Estimate

*Source: Health in Iowa Annual Report from the Behavioral Risk Factor Surveillance System, Iowa 2013

FROM THE SURVEY:

- ▶ 77.09% believe Dubuque offers quality healthcare options, compared to 10.86% who do not believe there are quality healthcare options.
- ▶ An average of 73.5% of those with household incomes greater than \$50,000 receive their regular healthcare from their family physician compared to those with incomes less than \$49,999 (39.87%). Other healthcare options utilized were the emergency room, acute or convenient care. Many respondents indicated convenience and insurance were the driving factors in choosing where to get their regular care.

- ▶ While 76.19% of respondents believe that fresh and healthy food is accessible in Dubuque, 52.76% do not believe it is affordable.

FROM THE DIALOGUES:

- ▶ There are many quality options for healthcare in the Dubuque Community; as a smaller community, Dubuque is lucky to have so many great healthcare facilities.
- ▶ Those on assistance programs have fewer medical care facilities to choose from, which can cause issues.
- ▶ There are not enough doctors in Dubuque to fill the need of the community. There are often long wait times when you try to make an appointment with a provider.
- ▶ Since it began accepting SNAP benefits as payment, the farmers market has become more inclusive and has made healthy, local food more accessible to all populations.

Primary Care Physicians per 100,000 residents

Dubuque County	National Average
65.4	73.4

Source: The Dartmouth Institute for Health Policy and Clinical Practice

More to learn: The full equity profile with additional data and information will be available in fall 2015.

Affordability

THE DATA:

- ▶ According to the Cost of Living Index provided by the Council for Community and Economic Research, the cost of healthcare in Dubuque is about 5% higher than the national average. While the cost of healthcare is higher than the national average, in Dubuque the median household income is \$44,599 - lower than the national median income of \$53,046 (2009-2013 American Community Survey 5-Year Estimates.) See right for a further breakdown of median income by race for Dubuque.

Median Household Income by Race, 2008-2012

City of Dubuque

White	\$44,964
Black	\$20,389
Native American	\$21,583
Asian	\$55,736
Pacific Islander	NA
Latino	\$31,728
Some other race	\$66,250
Two or more races	\$32,130

Source: U.S. Census Bureau

How can we make sure that all Dubuque residents are able to readily ACCESS AND AFFORD THE HIGH QUALITY HEALTH CARE available in our community?

FROM THE SURVEY:

- ▶ 69.46% of respondents have a concern about affordability in healthcare compared to 17.56% who do not have concerns about affordability.

FROM THE DIALOGUES:

- ▶ While there is an abundance of fresh, healthy food available, it may not be easy to access or affordable for those with limited income or access to transportation.

Mental Healthcare

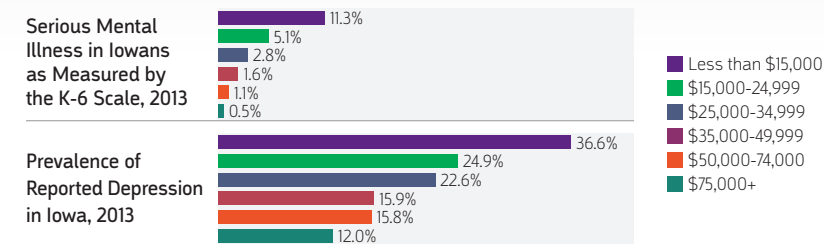
THE DATA:

- ▶ According to the U.S. Department of Health and Human Services, Dubuque County is designated as a Health Professional Shortage Area for mental health. This designation is made when there is a lack of providers to meet the needs of the population.

- ▶ According to the Iowa Department of Public Health, from 2008-2012 the suicide death rate for Dubuque was 13.39 (per 100,000), compared to the state of Iowa at 12.63 (per 100,000). From 2009-2013 it was 13.60 for Dubuque and 12.98 for Iowa. Death rates are reported for a five year period so there may be overlap of data, however the number increased when the years 2009-2013 were reported, which indicates an increasing death rate from suicide.

Mental Illness by Household Income

State of Iowa



Source: Health in Iowa Annual Report from the Behavioral Risk Factor Surveillance System, Iowa 2013

How do we create a strategy in our community that ensures there are ADEQUATE RESOURCES for those who need mental healthcare?

FROM THE SURVEY:

- ▶ 70% of those with a household income of \$50,000-\$99,999 and 92% of those with a household income of greater than \$100,000 had concerns about mental health treatment in Dubuque. 51.43% of those with a household income below \$24,999 did not have concerns about mental health treatment.

FROM THE DIALOGUES:

- ▶ There are limited resources for mental health in Dubuque and the wait is too long for those who really need them. Many who need services end up going to the emergency room or jail, which is not a good long-term solution.
- ▶ There is only one pediatric psychiatrist in Dubuque, which creates a long wait list for appointments for children.

More to learn: The full equity profile with additional data and information will be available in fall 2015.